



THE CENTER FOR AGING

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**FOR IMMEDIATE RELEASE:**

**SENIOR SERVICES TO HOST FREE MEDICARE INFORMATION  
AND ASSISTANCE EVENTS IN SEPTEMBER**

*~ Open to the Public ~*

**Hampton Roads, Va. (Aug. 12, 2019)** – Senior Services’ Medicare benefits counselors will hold information and assistance events throughout Western Tidewater in September 2019 to assist Medicare-eligible individuals navigating Medicare and Medicare Part D. Assistance will also be available for those who are currently enrolled and may be eligible for the Part D Low-Income Subsidy “Extra Help” benefit.

These sessions are always free and open to the public. Appointments are not required unless specified but are recommended. To make an appointment with a Medicare benefits counselor, please call Sam at 757-925-4255 as noted below.

The MedCare Access Medicare benefits counseling program, administered by Senior Services of Southeastern Virginia, serves residents of Franklin, Isle of Wight County, Southampton County and Suffolk.

Dates and locations are as follows:

**Location:** Ruth Camp Campbell Memorial Library

**Address:** 280 N. College Drive, Franklin

**Date:** Sept. 3

**Time:** 1–3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Senior Services of Southeastern Virginia

**Address:** 1705 North Main St, Suffolk

**Date:** Sept. 4

**Time:** 9:30 a.m. – 3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Smithfield Library

**Address:** 255 James St., Smithfield

**Date:** Sept. 6

**Time:** 9–11:30 a.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Carrollton Public Library

**Address:** 14362 New Towne Haven Lane, Carrollton

**Date:** Sept. 10

**Time:** 1– 3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Senior Services of Southeastern Virginia

**Address:** 1705 North Main St., Suffolk

**Date:** Sept. 11

**Time:** 9:30 a.m. – 3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** North Suffolk Library

**Address:** 2000 Bennett's Creek Park Road, Suffolk

**Date:** Sept. 12

**Time:** 9:30 – 11:30 a.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Ruth Camp Campbell Memorial Library

**Address:** 280 N. College Drive, Franklin

**Date:** Sept. 17

**Time:** 9–11:30 a.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Senior Services of Southeastern Virginia

**Address:** 1705 North Main St, Suffolk

**Date:** Sept. 18

**Time:** 9:30 a.m. – 3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Smithfield Library

**Address:** 255 James St., Smithfield

**Date:** Sept. 19

**Time:** 1– 3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Walter C. Rawls Library

**Address:** 22511 Main St., Courtland

**Date:** Sept. 20

**Time:** 9:30 – 11:30 a.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Windsor Library

**Address:** 18 Duke Street, Windsor

**Date:** Sept. 23

**Time:** 1 – 3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** Senior Services of Southeastern Virginia

**Address:** 1705 North Main St., Suffolk

**Date:** Sept. 25

**Time:** 9:30 a.m. – 3 p.m.

Please call for more information.

(Sam 757-925-4255)

**Location:** North Suffolk Library

**Address:** 2000 Bennett's Creek Park Road, Suffolk

**Date:** Sept. 26

**Time:** 1– 3 p.m.

Please call for more information.

(Sam 757-925-4255)

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Senior Services of Southeastern Virginia is the regional not-for-profit organization that helps seniors and adults with disabilities live with choice and dignity in their communities. Its headquarters and satellite offices assist citizens in the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach, and in Isle of Wight and Southampton counties. Programs and services include case management, in-home care, Meals on Wheels and meals at senior center wellness and nutrition sites, Care Transitions, wellness classes, I-Ride transportation, Medicare benefits counseling and more. In 2018, more than 10,000 people throughout the Southeastern Virginia region were served. To learn more about Senior Services, please call 757-461-9481, connect with us on Facebook or Twitter, or visit [ssseva.org](http://ssseva.org).