

 **Silver Surfers**
AGING DIGITALLY

FREE Technology Help for Ages 60+



Course Details:

- 2 sessions a week for about 3 months
- Need access to a Wireless Connection (WiFi)
- Need Tablet or Computer with Camera (*one may be provided*)
- Virtual and in-person classes available

Learn to:

- Find a WiFi Network
- Join a ZOOM Call
- Work an APP
- Use Telehealth to Visit Your Doctor
- Send and Receive Emails

Coaches Needed!

Contact: mforbes@ssseva.org

In partnership:

 **Primeplus**
Senior Centers

Register at:
(757) 222-4526