Volunteer

Senior Services provides seniors and their caregivers with access to programs and services so they may live with choice and dignity in their communities.

BE A VOLUNTEER

When you volunteer with Senior Services you are helping to keep older adults in our community healthy, active, and engaged.

Volunteering is fun, rewarding, and challenging. There are many ways you can choose to help:

- **Meal delivery**
- **Technology coaching**
- **Special events**
- **Internships and office work**
- **Benefits counseling**
- **Wellness and recreation assistance**

"Having retired, I was concerned with how I could feel productive while still helping others. Volunteering for Senior Services has done all of that! I love working with the seniors and I've seen it make a real difference in their lives."

- Amy R.

Senior Services
of Southeastern Virginia

Whatever skills or interests you have, you can find a volunteer opportunity with Senior Services that makes an impact.

When you join the Senior Services family of volunteers, we provide you with all of the training and support you need to gain new skills, make a difference, and build meaningful connections.

APPLY TODAY!

www.SSSEVA.org/volunteer

(757) 461-9481

Senior Services of Southeastern Virginia

2551 Eltham Ave. Suite Q

Norfolk, VA 23513

www.SSSEVA.org

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Senior Services of Southeastern Virginia is a 501(c)(3) nonprofit organization.

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